



# Step Up and Break the Silence

4th Annual Walk to benefit ovarian cancer research

*In Memory of Marie Spinale*

**Saturday, September 10<sup>th</sup>**

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Registration: 8:30 am

Start: 9:30 am

Distance: 5 miles

Start Line: Stone Zoo

Registration Fee: \$20

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**Sisters Against Ovarian Cancer** was founded in 2007 by Marie Spinale as an effort to raise awareness about ovarian cancer. Proceeds from the Walk will support cancer research at the Koch Institute for Integrative Cancer Research at the Massachusetts Institute of Technology.

## How It Works

Walkers collect donations from family, friends, and coworkers. All donations are submitted at registration the day of the Walk. See registration form for pre-registration information or register and fundraise online at [www.sistersagainstoc.org](http://www.sistersagainstoc.org). Must have a valid email address to register online.

## When & Where

The 5 mile Walk around Spot Pond will begin at the Stone Zoo, Stoneham, MA on Saturday, September 10, 2011. **Rain or Shine!** Please park in the Stone Zoo Parking lot – this is the Walk start and finish line.

## Directions

### ***193 North***

Take Exit 34 and bear right. The zoo is approximately 1/2 mile on the right.

### ***193 South***

Take exit 35. At the bottom of the ramp, turn left. At the first stop sign, take a right. Proceed through the intersection; the zoo is approximately 1/2 mile on the right.

**Sisters Against Ovarian Cancer**  
[www.sistersagainstoc.org](http://www.sistersagainstoc.org)

