



# Step Up and Break the Silence

10th Annual Walk to benefit ovarian cancer research

## In Memory of Marie Spinale

**Saturday, September 9, 2017**

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Registration: 8:30 am

Start: 9:30 am

Distance: 5 miles

Start Line: Stone Zoo

Registration Fee: \$25

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**Sisters Against Ovarian Cancer** was founded in 2007 by Marie Spinale as an effort to raise awareness about ovarian cancer. Proceeds from the Walk will support cancer research at the Koch Institute for Integrative Cancer Research at the Massachusetts Institute of Technology.

### Registration

Register by downloading a registration form at [www.sistersagainstoc.org](http://www.sistersagainstoc.org) and mail it along with a check for \$25 to SAOC, c/o Judy Budny, 97 Mitchell Avenue, Medford, MA 02155. Registration checks should be made out to SAOC. You can also register the day of the Walk.

### How It Works

Walkers solicit donations from family, friends, and coworkers. Donations can be made online directly to the Koch Institute at [bit.ly/SAOCFrontier](http://bit.ly/SAOCFrontier) or collected and submitted at registration the day of the Walk. Online donations should include walker's name in the in-honor-of field. Donation checks should be made out to SAOC Koch.

### When & Where

The 5 mile Walk around Spot Pond will begin at the Stone Zoo, Stoneham, MA, Maple Grove Area on Saturday, September 9, 2017. **Rain or Shine!** Please park in the Stone Zoo Parking lot – this is the Walk start and finish line.

### Directions

**193 North:** Take Exit 34 and bear right. The zoo is approximately 1/2 mile on the right.

**193 South:** Take exit 35. At the bottom of the ramp, turn left. At the first stop sign, take a right. Proceed through the intersection; the zoo is approximately 1/2 mile on the right.

**Sisters Against Ovarian Cancer**

[www.sistersagainstoc.org](http://www.sistersagainstoc.org)

*Please print clearly*

# Walker Sponsor Sheet

Walker Name \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Sponsor Name	Email Address	Contribution

**Donation checks are made payable to: SAOC Koch**